**Initial Steps for VA Lactation Program Implementation:**

* **Obtain lactation training (if not already a lactation professional):** 
  + Courses to consider:
    1. Certified Lactation Specialist (CLS): <https://lactationeducation.com/>
    2. Certified Lactation Counselor (CLC): <https://centerforbreastfeeding.org/lactation-counselor-training-course/lactation-counselor-training-course/>
    3. International Board Certified Lactation Consultant (IBCLC): International Board Certified Lactation Consultant (IBCLC)
* **Budget :**
* Varies at each VA
* 1 time Lactation consultant training ($700-3,000), unless certified professional already employed by VA.
  + Note: all lactation professionals require recertification
* Lactation equipment/supplies (~0-7,000)
* **Secure FTE for the Clinic** 
  + Consider .5 FTE/20 hours per week *(can be adjusted based on clinic needs, but this a good start)*
* **Identify a Space/Room to see patients:**
* preferably private or a space that can become private for visits in the Women’s Clinic
* confirm access to Wifi OR internet
* obtained computer, speakers and webcam
* **Secure Telehealth supplies, equipment and trainings:**

**\***keep in mind, every sites process might be slightly different

* + For all telehealth needs at your site coordinate with your facility telehealth coordinator (FTC)
* **Order educational lactation supplies and equipment** (Varies at each VA)
  + These enhance the program but not requirement to initiate services.
  + If Ordering Supplies things to consider:
    1. Where can you order from?
    2. Must be vendor that’s approved by your site.
    3. Do you have any funds?
    4. What is your budget?
    5. What items are most useful?
  + Useful Items:
    1. Infant Model/Doll (various types and skin tones)
    2. Breast/Chest Model (various types and skin tones)
    3. Any item included in YOUR SITE’S Lactation Package.
    4. Baby Bellies
    5. Hand puppet
  + Possible Vendors:
    1. General Service Administration (GSA)
    2. Childbirth Graphics
    3. Health EDCO
    4. Amazon
* **Develop/Change a lactation package:**
  + Do you offer a lactation package to your Veterans? Any barriers?
  + Who?
    1. Who is eligible?
       1. Every Veteran is eligible for NEW supplies with each pregnancy
    2. Who orders the supplies?
    3. Who should you collaborate with?
  + What?
    1. What supplies are offered?
  + When?
    1. Third Trimester
  + Where?
    1. Where do your supplies come from?
       1. Vendors: Ryan Resources, Pisces Healthcare Solutions, Redhawk
  + Create/Update a consult for your lactation package. For example:

LACTATION PACKAGE:

MEDELA ADVANCED BREASTPUMP, DOUBLE ELECTRIC/2 PHASE TECHNOLOGY BACKPACK

PART NO. 57062 **OR** Medela Max Flow **OR** SPECTRA S1+ (SKU SS1+) **OR** SPECTRA S2 (SKU SS2) **OR** Lansinoh **OR** Amedea Mia Joy

Suction/manual pump

SKU: RRHaakaa

NURSING BRAS, SET = 3 TOTAL

NURSING PADS, WASHABLE, SET = QTY 12

LANOLIN, MEDELA TENDER CARE, 1 TUBE = 2 OZ #87122

POST-PARTUM SUPPORT BELT OR MATERNITY SUPPORT BELT

BREASTMILK COLLECTION AND STORAGE BAGS #100 - SKU 3585

HANDS FREE PUMPING BRA

SIZE:XS-lG SKU #101 OR XLG PLUS

COLOR:BLACK OR PINK

<https://www.ryanresourcesvlp.com/>

Please fax order (preferred) to:

Corporate Entity: RYAN RESOURCES INCORPORATED

Main Contact: Cheryl Ryan Stephenson

Address: 3050 BAKER ROAD, ORCHARD PARK, NY 14127

Phone:(716) 949-7347

Fax:(866) 465-2382

Email: ryanresourcesinc@gmail.com

TAX ID: 161559869

NPI: 1619185220

DUNS # 961708369

CAGE CODE: 6HCW3

* **Create a clinic profile:**
  + You will need to create a clinic profile for face to face, telephone, CVT to clinic, CVT Provider and VVC
  + Things to consider:
    1. How many clinics do you need? What will you name your clinic(s)?
    2. How do you want to set up your time slots?
       1. In efforts to improve clinic utilization, we created one time slot with overbooks if needed. Create your time slots for what suits your clinic best.
    3. Who will do the scheduling for the clinic? (this will determine how much flexibility you can have in the clinic)
       1. Lactation professional should call to schedule appointments with patients and then alerts the MSA of the agreed appointment time and date through “Return to Clinic” orders in CPRS (see below for how to create a return to clinic order).
          1. Return to clinic orders are created by going in CPRS to Orders and then Return to Clinic Orders, choose your service and enter details for Return to clinic request.
       2. MSA-if you use an MSA, be sure to state that you would like the lactation professional to approve overbooks, otherwise, you could have patients scheduled without you being aware of the appointment
       3. Lactation Provider- If you have scheduling capabilities, you can schedule your own and will have more flexibility with scheduling
    4. How do you want your clinic set up? (i.e. how long do you want your appointment slots to be)
       1. 30-120 minutes; 60-minute increments is most often suitable
       2. Define your Relative Value Units (RVU) which is done my identifying your
    5. What stop codes should you use?
       1. Commonly Used Codes:
          1. 179 – Real Time Clinical Video Telehealth to Home – Provider Site
          2. 324 – Telephone Medicine
          3. 339 – Obstetrics
          4. 714 – Other Education - individual
          5. 720 – Other Education – group
          6. 690 – Real Time Clinical Video Telehealth – Patient site
          7. 692 – Real Time Clinical Video Telehealth – Provider Site
          8. 693 – Real Time Clinical Video Telehealth – Provider Site (Not same station)

Example profile request form:



* **Create a Telehealth Service Agreement (TSA):**
  + Contact your Facility Telehealth Coordinator (FTC). To find yours visit:[**https://dvagov.sharepoint.com/sites/vha-telehealth/Lists/leads/AllItems.aspx**](https://dvagov.sharepoint.com/sites/vha-telehealth/Lists/leads/AllItems.aspx)
  + Ensure you are compliant with your site’s telehealth processes
  + Should be used for:
    1. Interfacility Consults (IFC)
    2. Community Based Outpatient Clinics (CBOCs)
    3. Any other area outside your current site

Text, letter

Description automatically generated

* **Create a LACTATION SUPPORT note title and Consult in CPRS**
  + Work with your CAC to have this created.
  + We will provide you access to our lactation note/lactation consult templates.
  + Note: Consults are optional
* **Identify pregnant and lactating patients within your VA:**
  + Status Reminders
  + Pregnancy test: HcG Levels
  + Community Care Maternity Consults
  + Lactation Support Consults
  + Varies alerts
    1. CPRS
    2. Email
    3. Teams
    4. Phone
* **Develop a list of community resources for your patients**
* **Locate your states workplace laws to provide your patients**
  + <http://www.ncsl.org/research/health/breastfeeding-state-laws.aspx>