

# VA MIND BRAIN PROGRAM

## FACT SHEET

The goal of the VA Mind Brain Program is to provide training and collaboration among VA clinicians and researchers to further the study and treatment of common neuro-psychiatric conditions.

#### COMMON DISORDERS MANAGED

- Functional Neurological (Conversion) Disorders (e.g., functional neurological/psychogenic movement/ seizure/cognitive disorders)
- Neurologic disorders with neuropsychiatric comorbidities (e.g., migraines, movement disorders, epilepsy, TBI/polytrauma/with comorbid depression, anxiety, cognitive disorders, etc.)

#### TRAINING & EDUCATION

- MBP staff provide both group seminars as well as individualized clinical training to clinicians interested in learning more about these conditions and treatment options, such as evidence-based Neuro-Behavioral Therapy (NBT)
- Interested clinicians can also access online (VA TMS) continuing education courses reviewing the use of NBT in epilepsy and psychogenic nonepileptic seizures, including overviews of these conditions and the evidence base for NBT, clinical vignettes, and a session-by-session review of NBT

#### **CLINICAL CARE**

- MBP staff provide consultation, integrated care, and NBT in collaboration with the VA Epilepsy Centers of Excellence and VA National Tele-Mental Health Center's Tele-Seizures Clinic
- MBP staff will facilitate the use of Managing Epilepsy Well Network interventions in Veterans

#### **RESEARCH**

- MBP staff collaborate with other researchers, and facilitate new collaborations with VA clinicians who manage Veterans with complex neuropsychiatric conditions
- \* For more information: VHAMindBrainProgram@va.gov

#### VA Mind Brain Program:

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## Neuro-Behavioral Therapy (NBT)

## Training Options for VA Staff:

### I. TMS Recorded Webinars

- (1) Neuro-Behavioral Therapy Overview
  - I CE hour recorded webinar
  - Course #VA 131003888
  - <u>Neuro-Behavioral Therapy Overview</u> (ctrl/click)
- (2) Evidence Base for Neuro-Behavioral Therapy
  - I CE hour recorded webinar
  - Course # 131003872
  - Evidence Base for Neurobehavioral Therapy (ctrl/click)
- (3) Session-by-session overview of NBT with clinical vignettes
  - 18 recordings demonstrating NBT (6.5 hours total, 6.5 CE hours)
  - Course # 131004533
  - <u>Neuro-Behavioral Therapy Delivered in Clinic (ctrl/click)</u>

### II. Individualized Supervision for VA Clinical Staff

- Complete all TMS webinar trainings above
- Clinician will participate in weekly supervision with one MBP staff member while treating two Veterans with video-EEG confirmed lone PNES using the "Taking Control of Your Seizures: Workbook"